Picture Pexels Askar Abayev

NEWSLETTER 5 PROJECT DEVELOPMENT

BRIDGE – WORK PACKAGE 4

Welcome to the fifth edition of the BRIDGE project newsletter!
This issue highlights the exciting progress our project has made in fostering connections between generations through food, storytelling, and shared cultural heritage.
We are thrilled to unveil the BRIDGE Cookbook, a collection of traditional recipes brought to life by the collaborative efforts of youth and older generations. This cookbook celebrates the rich culinary heritage of our project's participating countries: Italy, Spain, the Netherlands, Hungary, Romania, and Czech Republic. Each recipe is a testament to the power of food in preserving cultural identity and bridging generational divides.
Our series of interviews has been an incredible journey of discovery. Older participants shared their cherished memories, cooking techniques, and stories of how food has shaped their lives. Meanwhile, younger participants reflected on the invaluable lessons and cultural insights gained through these exchanges. Together, they illustrate the profound connections that food can create. This newsletter showcases the stories behind some of the most beloved traditional dishes. These stories highlight not only the culinary techniques but also the shared values and histories that make each meal special.
We've captured these heartfelt moments and cultural exchanges on video! Visit our YouTube channel to watch the interviews and discover the stories behind the recipes. Let the voices and faces of the BRIDGE project inspire you to connect with your own community through food and storytelling.

Watch the Videos Here: https://www.youtube.com/playlist?list=PL7gZzmrG4jun1kqcKjfDp52xCzhTHH_Xi

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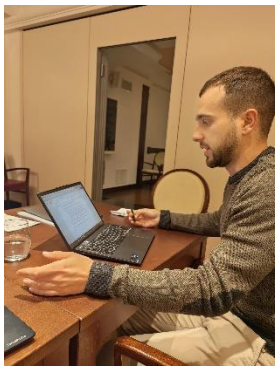
BRIDGE
Food, Care and Digitalisation

BRINGING DIGITALISATION
TO THE OLDER GENERATION

foodandcare.eu

5th MEETING – Portogruaro, Italy

The final Transnational Project Meeting (TPM5) was held in Portogruaro, Italy, on 6-7 November 2024, hosted by our Italian partner, 2050. During this productive meeting, project partners discussed key topics, including the project's roadmap, Gantt chart, project management, reporting, WP4: Piloting and mainstreaming the BRIDGE methodology, dissemination efforts, and sustainability plans. This collaborative effort ensured alignment and progress as we move toward the conclusion of the project.



Thank you for following our journey in the BRIDGE project. Stay tuned for more updates as we continue to build bridges between generations and cultures through shared experiences.

Warm regards,

The Bridge Project Team

In order to know more about the project and its new activities and next steps during its development, visit our website: https://foodandcare.eu/

Our Partners

M-Around HUNGARY
Blankcon THE NETHERLANDS
2050 ITALY
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